

15 October 2009
Volume 2009, Issue 2

October 2009 Newsletter

Box 130
430 - 5 Ave E.
Cardston, AB T0K
0K0

PHONE:
403-653-4958

FAX:
403-653-3653

PowerSchool:
<http://ps.westwind.ab.ca>

Cardston Junior High
School

Nolen B. Olsen, Principal

Ken McMurray, Vice Principal

Ina Harris, Secretary

Nathan Smith, Family Liaison
Counselor

Moses Spear Chief, Native
Liaison Counselor

Forms now Due

- New Internet
Access Form - all
students (no
computer use
without it)

Cardston Junior High School

Love and Logic

On Wednesday, Sept 23 parents in Westwind had the opportunity to hear one of the leading child-rearing experts (Jim Fay) speak in Magrath. If you missed that opportunity—all is not lost—we have many Love and Logic resources in our school library.

Please check PowerSchool (Daily Bulletin) or our new school website (www.cardstonjunior.ca) for regular Love and Logic reminders. We intend to share what we learn about helping our students accept more responsibility for their choices and develop a greater sense of ownership for their own learning.

Master this phrase, “I love you too much to argue” and you will begin to see your stress levels start to drop.

Calendar Reminders

Oct 26 - Special H1N1 Flu Assembly (8:45 am)
Oct 27 - Monthly School Council Mtg (5pm)
Oct 30 - Halloween Assembly & Dance
Nov 5 - Final Divisional VB Tourn (Raymond)
Nov 10 - Remembrance Day Assembly (10:30)
Nov 11 - No School for Students (Remembrance Day)
Nov 18 - Fall Parent/Teacher Night (4:30 pm - 8:00 pm)
Nov 20 - Gr 8 & 9 Band Retreat (Waterton)
Dec 2 - Christmas Band Concert (CHS @ 7pm)
Dec 18 - Last Day of School before Christmas
Jan 4 - Classes Resume
Jan 19-21 - Drama Production “Mulan” @ Carriage House Theatre
Jan 27 - Annual CJHS Ski Day (Fernie)
Jan 28 - School PD Day (No School for Students)

Please visit our new website for an updated Calendar of Events - your best bet for knowing what is going on at CJHS.

Please pay your School Fees

Special thanks to everyone who has paid their fees for this year—the winner of the “fee reimbursement” was Kyretta Thompson.

School fees need to be paid (or arrangements made for payment—please see the principal) as soon as possible.

Without the payment of fees it would not be possible to offer the range of services and programs currently available for students at Cardston Junior High School.

Fees must be paid **before** students may participate in extra-curricular activities.

We now have the capability for you to pay fees with your **Debit Card** - come see in today!

Flu Season Reminders

To minimize chances of contracting a case of the flu this year—remember 3 things:

1. Cough or sneeze into your arm.
2. Wash your hands (20 seconds) with soap - or use a hand sanitizer with at least 60% alcohol.
3. If you are sick—STAY HOME!

As a precautionary measure - **we will NOT have our traditional attendance incentive day this year.** We will do something special for those students with no “unexcused” absences and who demonstrate academic excellence—so, if you are sick, please stay home until you are no longer contagious!

Thank You!

Flu Vaccine Clinics

The next one is on Oct 29--
At the Cardston Tanner Center from noon until 6:00 pm.

Special Announcement

On **Monday, October 26 at 8:45 am** (in the **CJHS Gym**) we are having a special assembly for all staff, students and interested parents. With the recent concern and interest in **H1N1 Influenza**, we have invited **Dr. Lloyd Clarke** from the Cardston Clinic to make a presentation and then answer questions related to H1N1. If you are interested in learning how to deal with this illness and hear some factual information instead of relying on rumor and myth—please plan to attend this informational meeting/assembly.

We're on the Web!

www.cardstonjunior.ca

*Also, please use your
PowerSchool Access and
check our Daily Bulletin
regularly!*

ps.westwind.ab.ca/public